

betterhealthprogram

healthy active happy kids



FREE FUN KIDS PROGRAM!

The Better Health Program is a 10 week healthy lifestyle program for kids aged 7-13 who are above a healthy weight.

FREE t-shirt, bag, drink bottle and other give aways

Learn simple ways to eat healthier foods everyday

Get fit playing fun games and activities

Meet new friends and have fun!

REGISTER NOW!

Call: 1300 822 953 SMS: 0409 745 645

www.betterhealthprogram.org



Government of Western Australia
Department of Health

betterhealth
company