



Referral Form

The Better Health Program is a FREE 10-week, evidence based healthy lifestyle program for 7 to 13 year old children who are above a healthy weight, and their families.

The program includes physical activity, nutrition and behaviour change education delivered through fun and interactive activities.

Find out more at betterhealthprogram.org or by calling 1300 822 953

Fax: 1300 325 301 or Email: program@betterhealthcompany.org

Family Details

Parent/Carer name*: _____ Relationship to child: _____
Contact number*: _____ Email Address: _____
Home Address: _____ Postcode*: _____

Referral 1

Name*: _____ Date of Birth: _____
Gender _____ Height: _____ Weight: _____

Referral 2

Name*: _____ Date of Birth: _____
Gender _____ Height: _____ Weight: _____

Comments / other relevant information

Health Professionals Details

Please complete the details below, or provide a health professional's stamp of authority.

Referrer's name*: _____
Name of service/practice*: _____
Phone number: _____
Email address: _____

* Notes mandatory field

Health Professional's stamp